



“Italy and UK pre-participation screening programme from elite to amateur: a common effort to prevent sudden cardiac death in the young”

Embassy of Italy, London, 28 January 2025

Scientific programme

9.00 Registration of participants

9.30 – 9.45 Opening remarks

Inigo Lambertini, *Italian Ambassador*

Lord Polak, *Member of the House of Lords*

Hilary Nicholls, *Campaigner for the prevention of Young Sudden Cardiac Death*

9.45 – 9.55 Welcome and Italian background

Fabio Pigozzi *President, International Federation of Sports Medicine*

9.55 – 10.15 Italian pre-participation screening: laws, protocols, and preventative perspectives

Maurizio Casasco, *President, Italian Federation of Sports Medicine (FMSI) and European Federation of Sports Medicine Associations (EFSMA)*

10.15 – 11.00 **The Italian Cardiological Protocols (COCIS) in Sudden Cardiac Death Prevention**

Introduction & Ventricular Tachyarrhythmias

Alessandro Biffi, *COCIS FMSI-Coordinator*

Cardiomyopathies

Alessandro Zorzi, *University of Padua; FMSI Member*

Ischemic heart disease

Franco Giada, *Scientific and Cultural Committee of FMSI*

11.00 – 11.45 **The UK experience**

Setting international guidelines in elite sports and the opportunity to cascade into grassroots.

Sanjay Sharma, *Professor of Cardiology, St George's, University of London*

Comparison with other countries and the UK's respected standards in international ECG protocols

Nabeel Sheikh, *Consultant Cardiologist, Guy's and St Thomas' NHS Foundation Trust*

What the UK needs in order to meaningfully reduce the incidence of YSCD and how to get there
Gherardo Finocchiaro, *Honorary Reader in Cardiology, St George's, University of London*

The need to act now and what the future holds - AI advances
Teresa Castiello, *Cardiology President, Royal Society of Medicine*

Cambridge screening programme: impact and sustainability
Bhaskar Vira, *Pro Vice Chancellor of Cambridge University*

11.45 – 12.30 Discussion and Q&A